



Relational Associates

## WELLBEING FOR BIGLAW

Each law firm has its own unique culture, strengths, and challenges. It can feel impossible, especially for overworked firm leadership, to figure out what to ask for in terms of support. We get it, and we're here to help.

## OUR OFFERINGS

- ✦ **Holistic Wellbeing Assessment**  
If you don't know where to start, we'll conduct an assessment and give you a report with recommended action items
- ✦ **Wellbeing Consulting**  
We'll collaborate with you on an actionable plan, working towards higher productivity, less attrition, and fewer interpersonal conflicts
- ✦ **Wellness Programming**  
Help your attorneys meet requirements and boost their wellbeing with our CLE-approved workshops on topics like stress, substance use, and boundaries
- ✦ **Psychological Enhancement**  
We offer a variety of flexible 1:1 and group on-the-ground options to meet your firm's needs

[www.relationalassociates.com](http://www.relationalassociates.com)



Relational Associates is a boutique psychotherapy practice based in Los Angeles, CA and founded by Daniel Fink and Meredith Siller. We provide mental health support for law firms and for individuals, couples, and families.